

Risk assessment COVID 19

Company name: Bloom Physiotherapy

Assessment carried out by: Florence Gardner

Date of next review: As guidance changes

Date assessment was carried out: 02/11/2020

Staying COVID Secure – Bloom Physiotherapy Commitment

I recognise the risk posed by Coronavirus (COVID-19) to myself, my family and those who use my services.

Control measures to minimise the risk of infection and the transmission of the virus are provided in this Risk Assessment. I will ensure, as far as is reasonably practicable, the Health, Safety and Wellbeing of myself and others. I will continue to comply with all relevant Health and Safety Legislation as advice changes.

Routes of Entry:	Generic sources of infection:
<ul style="list-style-type: none">• Inhalation of droplets / aerosols (coughs, sneezes etc)	<ul style="list-style-type: none">• Direct transmission Other people with virus in close proximity – person to person (hand to hand, hand to mouth, hand to body), airborne (coughing, sneezing)
<ul style="list-style-type: none">• Introduction through contaminated hands / fingers via mucous membranes (eyes, nose, mouth)	<ul style="list-style-type: none">• Indirect transmission Contaminated surfaces / equipment – hands and hand contact surfaces, food and food contact surfaces, clothing and table linen, waste.
<ul style="list-style-type: none">• Access for virus via broken skin / open wounds / cuts	
<ul style="list-style-type: none">• Splashes of body fluids containing virus into mucous membranes (eyes, nose, mouth)	

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
COVID -19 transmission	Therapist	Prioritising patients and Virtual initial consultation	Therapist to triage and decide whether it is appropriate to see patient on a face to face basis. Video consultations offered as first line of choice. Extremely vulnerable or shielded clients will be discouraged from having face to face appointments where possible dependent on clinical need.	Therapist		√
		Screening and consent form	Patient sent screening questionnaire to complete and return on booking the appointment.			√
		Handwashing	Hand sanitiser in vehicle and to be used according to DOH policy.			√
		PPE	Therapists are currently required to wear; <ul style="list-style-type: none"> • Type2R surgical face mask. • Disposable gloves. • Disposable aprons. 			√

			<p>PPE – Changed immediately after each patient and Expiry dates must be adhered to. Uniform should be washed ideally at 60 degrees or highest possible temperature</p>			
		Social distancing	<p>Where possible during subjective assessments the therapists will maintain a 2m distance from the patient. Maintain a 2m distance from any other person in the home environment.</p>			√
		Cleaning equipment	<p>Each appointment will be followed by a 15 minute break (excluding travel time) to enable cleaning and to avoid contact between patients. Moving between clients-ensure hands sanitised prior to getting in/out of the vehicle and all PPE removed.</p>			√

	Client or close family member of client	Screening	Client to complete screening and consent form prior to session and to notify therapist immediately of any changes.	Client as advised by therapist		√
		Handwashing	Client to sanitise hands prior to session commencing.	Client as advised by therapist		√
		Informed consent form	New consent forms including symptoms for Covid-19 are in place and to be used prior to treatment. Ongoing, documented verbal consent after the initial signed consent for follow up treatments.	Client as advised by therapist		√
		Treatment	Using any instrument or machine, therapist must clean immediately after each use.	Client as advised by therapist		√
		PPE	Client to wear face mask during close assessment and treatment procedures.	Client as advised by therapist		√
		Exercises/info	Patients are to be sent exercises electronically. Paper handouts will not be given to patients.	Therapist		√

		Payment	No cash will be accepted. Payment can be made by paypal or via Bank transfer.	Client as advised by therapist		√
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